**EMERGENCY SHELTER**

**Hermiston Warming Station**

1075 S. Hwy 395, ***Hermiston***

541-289-2150

Intake: 7:30pm-9pm. Hours of operation: 7:30pm-6:30am

**Seasonal, call for information**

**Martha’s House**

305 SE 4th St, ***Hermiston***

541-289-3344

Families-Agape house

**FOOD AND HOUSEHOLD**

**Irrigon/Boardman Emergency Assistance Center**

290 NE Main St, ***Irrigon***

541-922-4563

Rent, utilities, food assistance Tuesday: 9am-12pm & 1pm-3pm

**Columbia River Harvesters**

206 N Main St, ***Boardman***

541-720-1309

Open Monday, Friday & Saturday 1pm-3:15pm

**Boardman Food Pantry**

420 Locust Rd SW, ***Boardman***

The Boardman Food Pantry is open every Monday 9:30-11:00AM

If you are unable to get to the pantry and need a box of food, call 541-314-5088 or
323-972-7736 (Spanish)

**Irrigon Family Closet, Adventist Community Services**

205 Tumbleweed Blvd, ***Irrigon***

Tuesday only (Due to COVID restriction, closed as of 1-29-2021)

Bedding, clothing, shoes, & other household items. Accepting donations

**The Neighborhood Center of South County**

441 N Main St, ***Heppner***

541-676-5024

Food, clothing, utilities, & household goods.

**Agape House**

500 W. Harper Rd, ***Hermiston***

541-567-8774

Shower services, clothing and food

**CONGREGATE MEALS**

**DUE TO COVID, CALL FOR MEAL IFORMATION**

**Hermiston Senior Center**

255 NE 2nd St, ***Hermiston***

541-567-3582

**Stoke’s Landing Senior Center**

150 Columbia Ln. ***Irrigon***

541-922-3603

**Boardman Senior Center**

100 Tatone St, ***Boardman***

541-481-3257

**St. Pat’s Senior Center**

190 N Main St, ***Heppner***

541-676-5380

Free meal Tues & Wed, (take and go as of 6-17-2020)

**TRANSPORTATION**

**The Loop-Morrow County Transportation**

110 N Court St, ***Heppner***

541-676-5667 or 844-676-LOOP (5667)

*\*Advance notice required, call for info*\*

**Clearview (Medicaid Brokerage)**

1114 SW Frazer Ave, ***Pendleton***

541-276-1130

Basic transportation, non- emergency medical transportation-scheduling thru GOHBI

**HEALTH AND WELLNESS**

**Columbia River Health**

450 Tatone St, ***Boardman***

541-481-7212

Primary care, non-emergency clinic, Mon-Fri 8am-6pm

**Irrigon Medical Clinic (MCHD)**

220 NE Main Ave, ***Irrigon***

541-922-5880

Primary care, non-emergency clinic, Mon-Fri 8:30am-6pm

**Pioneer Memorial Clinic (MCHD)**

130 Thompson Ave, ***Heppner***

541-676-5504

Primary care medical clinic staffed by Family Practice Physicians, Physician’s Assistant and a Nurse Practitioner. The clinic is located behind the hospital, which allows patients convenient access to lab and radiology services.

**Pioneer Memorial Hospital & Nursing Facility (MCHD)**

564 E Pioneer Dr, ***Heppner***

541-676-9133

Emergency & non-emergency care. Ambulance Service in Boardman, Irrigon, Ione & Heppner ***Emergency room open 24* *hours.***

**Morrow County VA Clinic**

2 Marine Dr, Suite 103 ***Boardman***

541-481-2255-VETERAN SPECIFIC

Non-emergency care, primary care clinic-( NOT A MENTAL HEALTH CLINIC) Mon-Fri 8am-4:30pm

**Pioneer Memorial Home Health & Hospice (MCHD)**

162 N. Main St, ***Heppner***

541-676-2946

Cares for people recuperating from a hospital stay, those with prolonged illnesses, and those with disabilities.

**Ione Community Clinic (MCHD)**

365 3rd St ***Ione***

541-422-7128

A wide variety of medical services are available including family medicine, well baby/child exams, geriatrics, women’s men’s health services, preventive medicine, urgent care, and minor surgery. Other services include flu shots, allergy shots, sports physicals, and free blood pressure checks

**Morrow County Health Department**

110 N Court St, ***Heppner***

541-676-5421

101 Boardman Ave NW ***Boardman***

541-481-4200

Focuses on issues related to preventive care

**Good Shepherd Medical Center**

610 NW 11th St, ***Hermiston***

541-667-3400

Emergency & non-emergency care. ***Emergency Room open 24 hours***

**LAW ENFORCEMENT**

**Morrow County Sheriff’s Office**

PO Box 159

325 Willow View Dr, ***Heppner***

541-676-5317

**Boardman Police Department**

200 City Center Cir, ***Boardman***

541-481-6071

**Oregon State Patrol**

800-442-2068 non-emergency

**MENTAL HEALTH**

**Community Counseling Solutions**

104 SW Kinkaid Ave, ***Boardman***

541-481-2911

550 W Sperry St, ***Heppner***

541-676-9161

Behavioral health services

**Warm Line**

800-698-2392

Lonely? In need of someone to speak with?

 Mon-Sun 9am-11p

**Suicide hotline**

800-273-8255

**OR TEXT '273TALK' TO 839863**

*Please continue to share 800-273-TALK (8255) & our chat page to anyone wishing to connect to the Lifeline*

[**http://suicidepreventionlifeline.org/**](http://suicidepreventionlifeline.org/)

**Lines for Life**

Lines for Life is a regional non-profit dedicated to preventing substance abuse and suicide.

**ALCOHOL & DRUG HELPLINE
Call 800-923-4357, press 4**(24/7/365) **Text RecoveryNow to 839863**

[**SENIOR LONELINESS LINE**](http://seniorlonelinessline.org/)
**Call 503-200-1633**

**YOUTHLINE
Call 877-968-8491
Text teen2teen to 839863
Chat between 4pm-10pm at**[**www.oregonyouthline.org**](http://www.oregonyouthline.org/)

[**MILITARY HELPLINE**](https://www.linesforlife.org/mhl/)
**Call 888-457-4838**(24/7/365)
**Text MIL1 to 839863**

**Walla Walla Vet Center**

1104 W Poplar St, ***Walla Walla***

877-WAR-VETS (877-927-8387)

COMBAT VETERAN SPECIFIC

**Veterans Crisis Line (Suicide prevention)** 24/7

800-273-TALK

VETERAN SPECIFIC-Press ‘1’

**Walla Walla VA Mental Health**

888-687-8863 EXT 26975

VETERAN SPECIFIC

**SPECIAL SERVICES**

**Oregon Department of Human Services-Self Sufficiency**

950 SE Columbia Ave, ***Hermiston***

541-567-2253

Food benefit (SNAP), Cash assistance (TANF), Employment Related Daycare (ERDC), and Temporary Assistance

**Oregon Department of Human Services- Child Welfare**

103 SW Kinkade Rd, ***Boardman*** and 950 SE Columbia, ***Hermiston***

541-481-9482-Boardman

541-567-2253-Hermiston

855-503-7233- Abuse Hotline- (24 hours)

Child Protective Services, Foster Care, Foster Home Certification, Adoption

**Adults & People with Disabilities**

940 SE Columbia Dr, ***Hermiston***

541-567-2274

855-503-7233 Abuse Hotline- (24 hours)

Food benefits (SNAP), medical, health care coverage, long term & community based care services,

Disabilities, adult abuse investigation, assessment, case management, Oregon Supplemental Income Program (OSIP)/Medicaid, Medicare Savings Programs

**Domestic Violence Services**

541-276-3322

24 Hr Crisis Line: 800/833-1161

Providing shelter and community-based advocacy services for survivors of domestic violence, sexual assault, stalking, and human trafficking in Umatilla and Morrow Counties.

**Morrow County Victim Assistance Office**

100 S. Court St. ***Heppner***
P.O. Box 664
541-676-5665

Provides support services to the victims and witnesses of all types of crimes with particular emphasis on serious crimes against persons and property.

**(EOCIL) Eastern Oregon Center for Independent Living**

322 SW 3rd St, ***Pendleton***

541-276-1037

Promotes independent living & equal access for all persons with disabilities.

**Red Cross**

888-680-1455

Disaster services, lifesaving blood, training & certifications, military families, international services

**Morrow County Veterans Services**

500 NE Main St, ***Irrigon***

***541-922-6420***

Providing assistance with filing for disability claims (both service-connected and non-service-connected), obtaining military service and medical records, applying for VA Health Care, VA education benefits, burial benefits, & surviving spouse and dependent benefits

**Social Security Office**

700 SW Dorion Ave, ***Pendleton***

877-405-0480

800-772-1213

Retirement, SSI, Medicare & disability benefits

**Call for appointment**

**Supportive Services for Veteran Families**

Blue Mountain Action Council ***Walla Walla***

***509-529-4980***

Providing eligible Veteran families with outreach, case management, and assistance in obtaining VA and other mainstream benefits that promote housing stability and community integration

VETERAN SPECIFIC

[**Legal Aid Services of Oregon**](https://lawyers.justia.com/legalservice/legal-aid-services-of-oregon-9555)
365 SE 3rd St, ***Pendleton***

541-276-6685
**Legal Aid Services of Oregon (LASO) is an effective, high-quality legal services program with a mission to achieve justice for the low-income communities of Oregon. LASO emphasizes areas of law where these needs are greatest and where representation and advocacy can have the most impact for vulnerable Oregonians. Services include:**
Domestic Violence Law, Consumer, Elder Law, Employment, Housing Law and Family law

**ADDITIONAL SERVICES**

**CAPECO**

**Main Office**-

721 SE 3rd Suite D, ***Pendleton***

541-276-1926

541-278-5689-TTY

**Hermiston Office**-

1565 N. 1st St Suite 1

541-289-7755

800-214-4776-Energy Assistance only

**Airport Location-**

1605 NW 50th St-***Pendleton***

541-276-5073

[www.capeco-works.org](http://www.capeco-works.org)

* Food and Household
* Short Term housing
* Transportation
* Health / Wellness-Senior Services
* Energy
* Weatherization

 6-17-2021